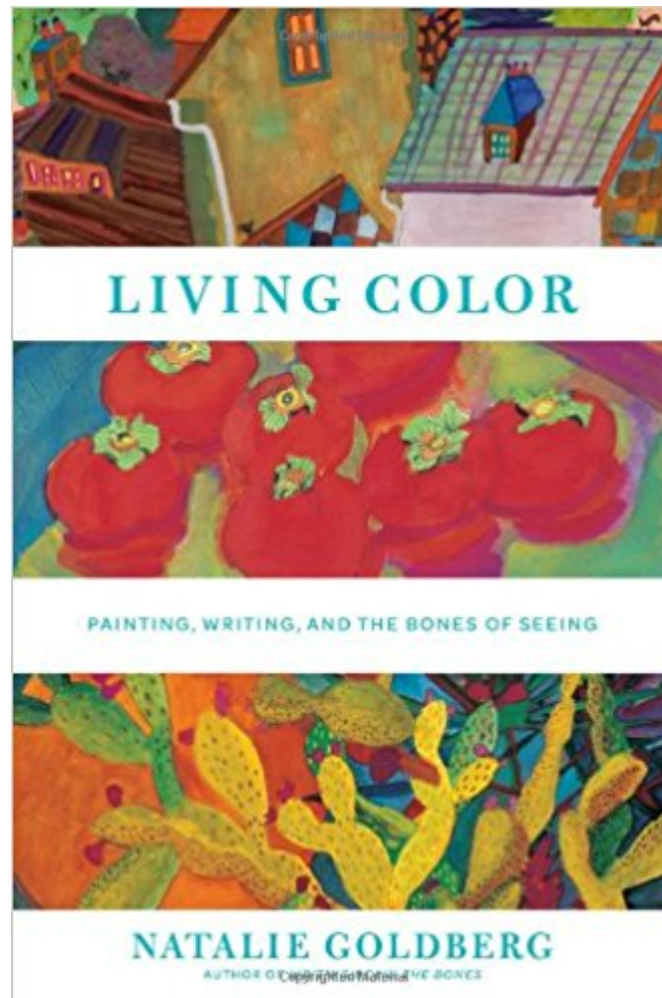




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# Living Color: Painting, Writing, And The Bones Of Seeing



## Synopsis

From fill-in art journals to self-help books on creativity, more than ever the public is striving to bring artistic enlightenment into their everyday lives. In *Living Color*, one of the country's most celebrated writers expounds on her own path to artistic inspiration. Tailored to a new generation of aspiring creatives, this revised and expanded edition pairs 13 of Goldberg's engaging and encouraging essays with 75 of her paintings and 22 never-before-shared artistic exercises. This timely re-publication will speak straight to the heart of readers everywhere who want to break down creative barriers or explore their creativity anew.

## Book Information

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#1492 in Books > Self-Help > Creativity

## Customer Reviews

It is worth noting that *Living Color* is a gorgeous art book. The production quality of this book is so finely crafted . . . makes an excellent gift or addition to any book collection . . . speckled with many gems that will brighten anyone's fearful mind. • (The Taos News)

Natalie Goldberg is the author of the bestselling *Writing Down the Bones*, which has sold more than 1.5 million copies since publication in 1986, as well as nine other books, including *Wild Mind* and *Long Quiet Highway*. She regularly leads workshop retreats at the Mabel Dodge House in Santa Fe, New Mexico, and other locales worldwide. Her paintings are exhibited throughout the country.

When I read Natalie's "*Writing to the Bones*" it was at a time I was writing poetry and simultaneously was taking some water color classes. When I saw she had written "*Living Color*" I thought what a

jump - from writing to painting. I sense that she would do credit to her work and I must say, I was not disappointed. She paints the way most of us would like to paint; bold, colorful and with a freedom that is refreshing. If I had seen pictures of her work without benefit of her book I probably would have scanned right over them. But she guides us through her work with her superb narrative and provides us with an understanding of her symbolism. She helps you get over the notion of perfection and encourages you to look at things through your "eye." Color, vibrancy and joy abound. Truly delightful.

I own both this and the previous version they are both among my most referred to painting books. When you are in a slump or feeling blocked nothing solves it faster than having Natalie's voice in your ear encouraging you to just keep going. I love the way she links words and imagery. This is a great iteration of the original not just a reprint.

I have a passion for writing and painting and found it difficult to combine these two. A few times a year I give retreats in writing or painting. This book helped immensely helped me to combine these two. And everyone can do it, you don't have to be an excellent writer or painter you just have to be passionate about it!

I was looking for a jump start to get back to art making, and this was it. Interesting reading, inspiring color paintings, and fun lessons to practice. I realized after I ordered it that I'd bought the original edition years ago. But honestly, I only recognized one or two paintings, and the text seems new to me. A winner!

Loved the artwork and photography. The story line was interesting but since modern isn't really my "thing," the ending wasn't as powerful for me as the earlier portions.

An absolutely delightful book--the only book I haven't wanted to scribble in! I've already recommended it to several friends, most of whom already knew the author. I love the stories Goldberg "paints" and the freedom she promotes. I wish SHE had been my Art professor!!

Natalie Goldberg is an inspiration. I am interested in writers who paint. This book has suggestions for artistic exercises. It's the kind of book I'll read and reread.

I have been a fan of Natalie Goldberg and her work for 30 years. There is nothing she does that I do not like, but this one touched me deeply. For all these years she has painted in words for me, and now I get to see the world through her eyes. It is just as wonderful as I imagined.

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